

# Woodentops Preschool

## 9- Allergies

### General Statement

With 50% of children now suffering from allergies, the ability to understand allergic conditions and deal with sudden or severe symptoms, is fast becoming an essential part of childcare.

#### Aim:

- To provide an environment where allergy sufferers can thrive in our setting and participate in as many activities as possible.
- To do this we will need support from parents/carers of all children in our care and to be told by parents if their child has ever had an allergy or sensitivity.
- We cannot guarantee that our setting will always be an allergen-free environment.

### Working with the child's parent/carer

At the beginning of a childcare relationship we will ask the parent/carer if their child suffers from any allergy and /or sensitivity. Every parent fills in a Child Health Care Plan (<https://form.jotform.com/211922935614052>). This includes:

- Details of any medical issues including allergies/sensitivities.
- Details of identified needs
- Details of signs and symptoms
- A plan of care required including
  1. Prevention measures
  2. What to do if an issue arises
  3. Details of any medication that may need to be given
  4. Follow-up care.

If there is a possibility that the child needs medical care or the use of medical equipment then specialist input may be necessary, such as training sessions.

We will ensure all staff are aware of this policy and trained as appropriate.

### Other children

It may be important for other children and their parents/carers to be aware that another child in the setting has an allergy and for them to adjust their behaviour due to this.

### We may do this by:

- Informing parents/carers keeping to our confidentiality policy- no names
- Discussing the allergy with other children in an age-appropriate way
- Through reading story and non-fiction books appropriate for children
- We may ask for the parent/carer of the child with the allergy for support with this
- Encouraging no food sharing 9- Allergy policy November 2019

### Providing Snacks and cooking at Woodentops

- We check food labels and ingredients to stop a child eating a food they have an allergy to
- We are aware of the 14 'allergens' (Food Standards Agency) given during snack or when cooking.

This policy was adopted on	25 <sup>th</sup> March 2019
Date	31/12/21
Date for review	Jan 23