

Loose Parts for Parents

What are loose parts?

- They are open-ended and manipulative
- They are adaptable
- They do not dictate how to be used
- Children can use them however they want
- They promote skill development
- They encourage learning in all areas

Loose parts empower imagination and creativity!!

Loose Parts play helps kids:

- Learn co-operation, problem-solving and negotiation
- Improve balance and coordination
- Develop imagination and creativity
- Learn from children of other ages and skill levels

Examples of loose parts in...

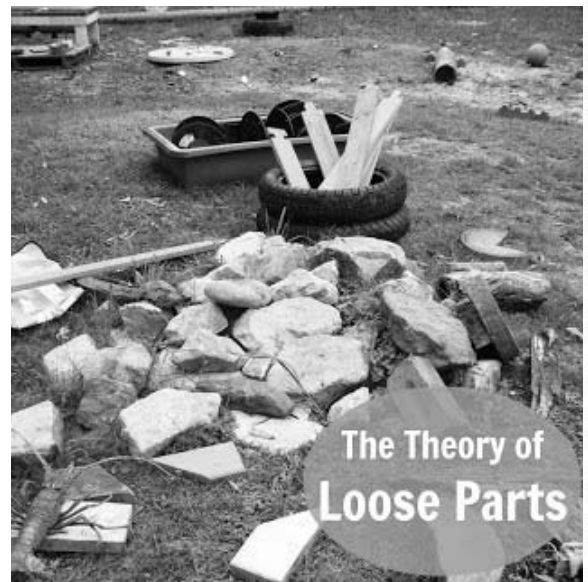
a natural play area:*

water • sand • dirt • sticks • branches • logs • driftwood • grasses • moss • leaves • flowers • pinecones • pine needles • seeds • shells • bark • feathers • boulders • rocks • pebbles • stones

*When working with loose parts, be sure not to disturb living things.

a playground:

balls • hoops • jump ropes • tires • sand • water • dirt • straw • boulders • rocks • stones • pebbles • buckets • cups • containers • digging tools • chalk • scarves • ribbons • fabric



Books with more Information about Loose Parts

- The Theory of Loose Parts
Simon Nicholson
- Loose Parts: Inspiring Play in Young Children
Lisa Daly, Miriam Beloglovsky

Web Sites:

- www.LetTheChildrenPlay.net
- Www.twitter.com/tmox_ns
- adventureplayyh.nz.wordpress.com/
- www.ChildrenAndNature.org/
- www.ChildNature.ca
- www.TKAdventurePlay.com